

Neeyams

Shree Swaminarayan Camp Winter LA 2002



The Indriyas

- Two categories of indriyas
- Action performing – *Karma Indriyas*
 - Hands
 - Feet
 - Genitals / Reproductive organs
 - Excretion organs
 - Mouth



The Indriyas

- Knowledge/Information acquiring – *Gnaan Indriyas*
 - Eyes (sight)
 - Ears (sound)
 - Nose (smell)
 - Tongue (taste)
 - Skin (feel)
- Animals as well as humans have these
 - But what differentiates other animals from human beings?



Neeeyams

- Neeeyams – **regulation and control**
- 11 basic for us as Swaminarayan Satsangis
 - Nirvikalpa Uttam Ati, Premanand Swami
 - 1. **Never to indulge in violence of even the smallest creature**
 - 2. **Refrain from contact of other woman or other male**
 - 3. **Never to indulge into eating of meat**
 - 4. **Never to resort to intoxicants even as a medicine**
 - 5. **Never to touch a widow**
 - 6. **Never to commit suicide**
 - 7. **Never resort to stealing even for religious purposes**
 - 8. **Never criticise any God or Deity**
 - 9. **Never to blame anybody or falsely implicate anybody**
 - 10. **Never eat from one who is not in communion**
 - 11. **Never to listen to even Godly discourse from one who is an atheist, pretender or hypocrite**



Neeyams



- In Vachanamrut Gadhada Madhyam Chapter 61
 - One with *Neeyam, Nishchay and Paksha* is a complete satsangi

?

Why does He consider Neeyams necessary to be a complete satsangi

?



Neeyams



- Vachanamrut Gadhada Pratham 18
 - What is the cause of disturbance in the mind? Indriyas or antahakaran?
 - Gnaan indriyas are at fault
 - Example of leelagar bhang (alcoholic beverage) and the grand palace
- Vachanamrut Gadhada Madhyam 35
 - Four means to attaining kalyan
 - Dharma neeyams, upasana, reading/reciting Maharaj's leela and naam japa



Group Tasks

- How do we control individual organs?
 - Vachanamrut Loya 8
- Shikshapatri elaborates on each of the eleven neeyams
 - Find the shlokas that refer to the neeyams
 - Explain how the Shikshapatri shloka discusses the neeyam



Shikshapatri Study



- Importance of Shikshapatri
 - Vachanamrut Antya (Last) 1
 - Shikshapatri shlokas
- Specific shlokas
 - General 1-122 , 203-212
 - Atma nivedi bhaktas 55-60
 - Acharyas and their wives 123-134
 - Householders 135-174
 - Ladies 159-174
 - Naishtik Brahmcharis 175-187
 - Sadhus 188-202